

Leadership Institute

Addressing Barriers to Learning & Teaching and Re-engaging Disconnected Students

Topics to be Covered:

- I. Why is a System of Learning Supports *Imperative* for School Improvement
- II. What is a System of Learning Supports? *Rethinking intervention*
- III. What is a System of Learning Supports? (cont.) *Reworking infrastructure*

IV. Intrinsic Motivation: Engaging and Re-engaging Students

- V. What's Involved in Getting from Here to There?
- VI. Planning Next Steps

Note: Most of the handouts from this presentation are included on the Center website in both powerpoint & PDF formats.

About the Center at UCLA– The Center is co-directed byHoward Adelman and Linda Taylor. (Contact info: Center for Mental Health in Schools, Dept. of Psychology, UCLA, Box 951563, Los Angeles, CA 90095-1563; phone (310) 825-3634 or Toll Free (866) 846-4843.

For an overview of resources available at no cost from the Center, use the internet to scan the website: http://smhp.psych.ucla.edu



>Some Major Concerns

>Lenses for viewing school improvement efforts

>School improvement planning: What's being done & what's missing? Why is a System of Learning Supports Imperative for School Improvement?

Some Major Concerns

Teachers shouldn't be expected to, never mind being held accountable for, *doing it alone!*

The current focus of school improvement policy and practice is too limited to ensure that *all* students have an equal opportunity to succeed at school.

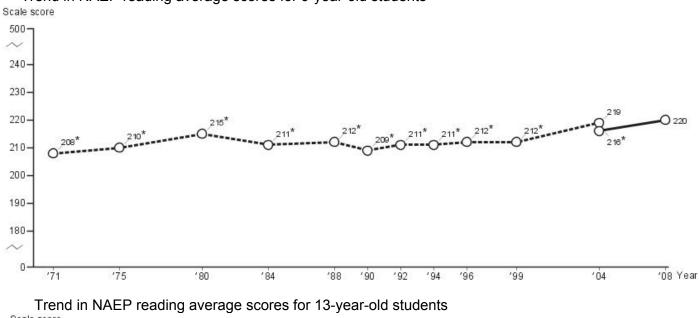
The limited focus contributes to:

- C High Student Dropout Rates
- C High Teacher Dropout Rates
- C Continuing Achievement Gap
- C So Many Schools Designated as Low Performing
- C High Stakes Testing Taking its Toll on Students
- C Plateau Effect

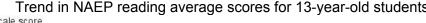


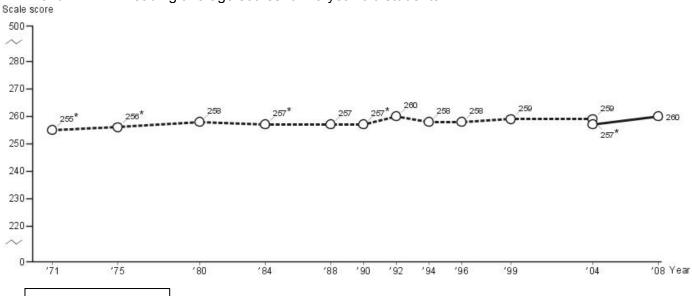
Data from the National Assessment of Education Progress (NAEP) clearly shows the plateau effect related to academic achievement

The Nation's Report Card – National Center for Education Statistics



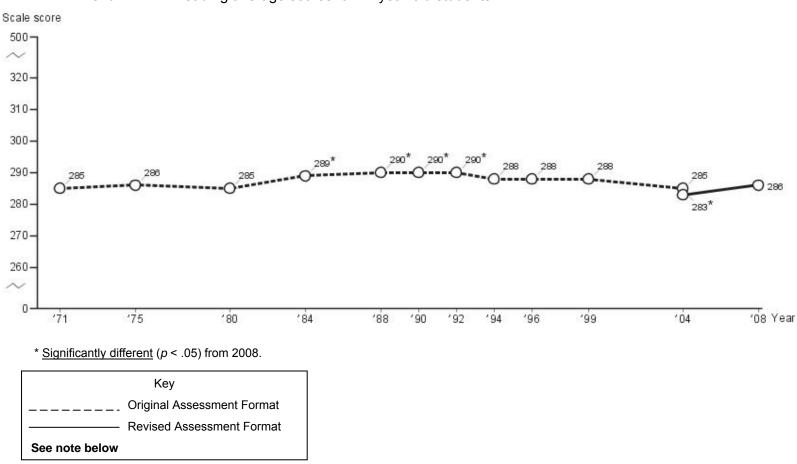
Trend in NAEP reading average scores for 9-year-old students





See key on next slide

The Nation's Report Card – National Center for Education Statistics



Trend in NAEP reading average scores for 17-year-old students

Note:

The long-term trend assessment was updated in several ways in 2004. Outdated material was replaced, accommodations for students with disabilities (SD) and for English language learners (ELL) were allowed, and administration procedures were modified. A special bridge study was conducted in 2004 to evaluate the effects of these changes on the trend lines. The study involved administering both the original and revised formats of the assessments to determine how the revisions may have affected the results.

Why is a System of Learning Supports Imperative for School Improvement?

Three Lenses for viewing school improvement efforts

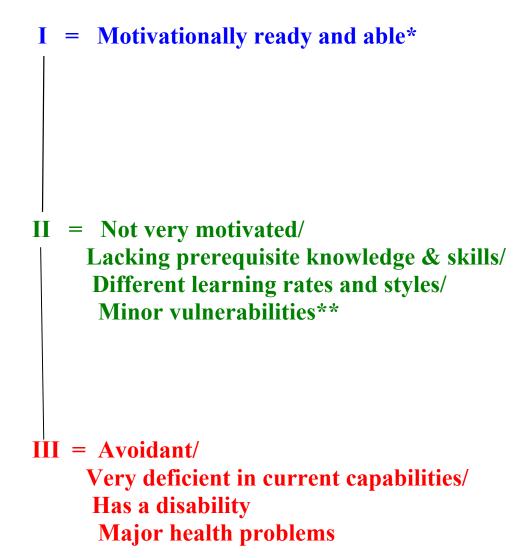
Lens #1 = *ALL* Students

Not some –

ALL youngsters are to have an equal opportunity to succeed at school

Range of Learners

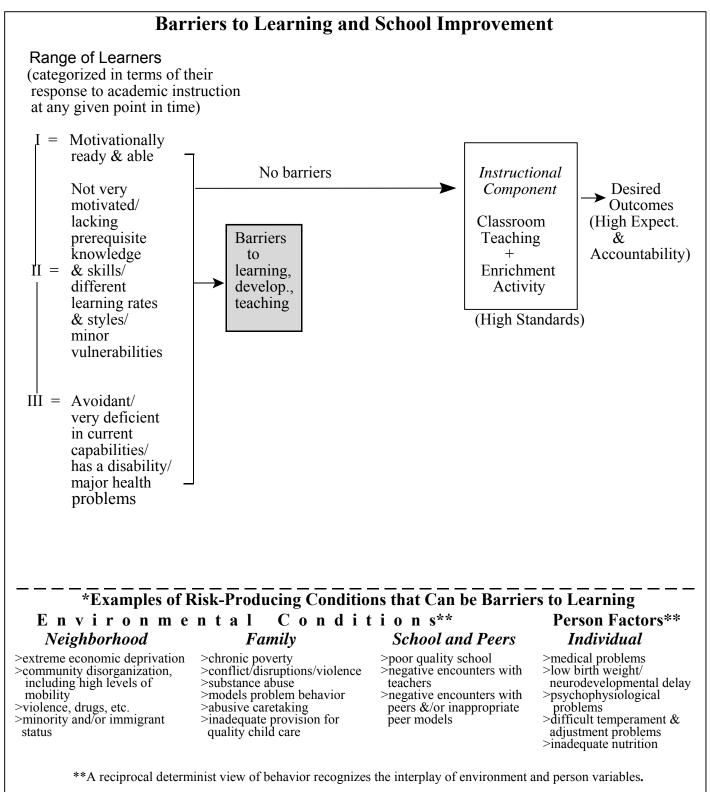
(categorized in terms of their response to academic instruction)



*Few youngsters start out with internal problems that interfere with learning what schools teach. There can be little doubt that external factors are primarily responsible for the majority of learning, behavior, and emotional problems encountered in schools.

**All learners have *assets/strengths/protective factors* that can contribute to success; all have *differences* that require some degree of personalization by instructional systems; any may *internalize negative experiences* that interfere with learning at school.

Lens # 2 = Barriers to Learning



Caution: Don't misinterpret the term

• Barriers to Learning

It encompasses much more than a deficit model of students.

And, it is part of a holistic approach that emphasizes the importance of

• Protective Buffers

(e.g., strengths, assets, resiliency, accommodations)

and

• Promoting Full Development

Examples of *Risk-Producing Conditions* that Can be Barriers to Development and Learning

Environmental Conditions*

Neighborhood

 >extreme economic deprivation
 >community disorganization, including high levels of mobility
 >violence, drugs, etc.
 >minority and/or immigrant status

Family

- >chronic poverty
 >conflict/disruptions/violence
 >substance abuse
 >models problem behavior
 >abusive caretaking
 >inadequate provision for
 quality child care
- >poor quality school >negative encounters with teachers

School and Peers

 >negative encounters with peers &/or inappropriate peer models

Person Factors* Individual

>medical problems
>low birth weight/
neurodevelopmental delay
>psychophysiological
problems
>difficult temperament &
adjustment problems
>inadequate nutrition

Examples of Protective Buffers

Conditions that prevent or counter risk producing conditions – strengths, assets, corrective interventions, coping mechanisms, special assistance and accommodations

EnvironmentalConditions*NeighborhoodFamilySchool and Peers

- >strong economic conditions/
- emerging economic opportunities
- >safe and stable communities
- >available & accessible services
- >strong bond with positive other(s)
- >appropriate expectations and standards
- >opportunities to successfully participate, contribute, and be recognized
- >adequate financial resources >nurturing supportive family members who are positive models
- >safe and stable (organized and predictable) home
- environment
- >family literacy
- >provision of high quality child care
- >secure attachments early and ongoing

>success at school
>safe, caring, supportive,
and healthy school
environment
>positive relationships with
one or more teachers
>positive relationships with

- peers and appropriate peer models >strong bond with positive
- other(s)

Person Factors* Individual

 higher cognitive functioning
 psychophysiological health
 easy temperament, outgoing personality, and positive behavior
 strong abilities for involvement and problem solving
 sense of purpose and future
 gender (girls less apt to

_develop certain problems) ___

Examples of Conditions for *Promoting Full Development*

Conditions, over and beyond those that create protective buffers, that enhance healthy development, well-being, and a value-based life

Environmental Conditions*

Neighborhood

- >nurturing & supportive conditions
 >policy and practice promotes healthy development & sense of community
- *Family* >conditions that foster positive physical & mental health among all family

School and Peers

 >nurturing & supportive climate school-wide and in classrooms
 >conditions that foster feelings of competence, self-determination, and connectedness

Person Factors*

Individual

- >pursues opportunities for personal development and empowerment
- >intrinsically motivated to pursue full development, well-being, and a valuebased life

*A reciprocal determinist view of behavior recognizes the interplay of environment and person variables.

For more on this and for references to relevant literature, see:

members

Adelman, H.S., & Taylor, L. (2006). *The school leader's guide to student learning supports: New directions for addressing barriers to learning*. Thousand Oaks, CA: Corwin Press.

Lens # 3 = Engagement & Disengagement*

Source of Motivation

		Extrinsics	Intrinsics	Intrinsics/ Extrinsics
Intervention Concerns	Engagement			
	Disengagement (psychological reactance)			

*Avoiding Over-reliance on Extrinsics, Maximizing Intrinsic Motivation, and Minimizing Behavior Control Strategies

Engaging & Re-engaging Students in Classroom Learning

How are schools

>maximizing Intrinsic Motivation?

>minimizing Behavior Control Strategies?

Motivation,

and especially Intrinsic Motivation

are fundamental intervention considerations

related to student (and staff) problems.

Addressing Barriers Requires Enhancing How a School Approaches *Motivation*

Motivation, and Especially *Intrinsic* Motivation is a Fundamental Intervention Consideration Related to Student (and Staff) Problems

First Concern –

Enhancing understanding of *intrinsic motivation* as related to academic achievement and the achievement gap

Second Concern –

Reducing overemphasis on behavior/social *control* & enhancing appreciation of the impact of *psychological reactance*

Third Concern –

Re-engaging students who have become actively disengaged from classroom instruction

Fourth Concern – *Teacher motivation* Why is a System of Learning Supports Imperative for School Improvement?

School Improvement Planning: What's Being Done & What's Missing?

School Improvement Planning

Missing: A Comprehensive Focus on:

-Addressing Barriers to Learning & Teaching

-Re-engaging Disengaged Students in Classroom Learning

This becomes evident when we ask:

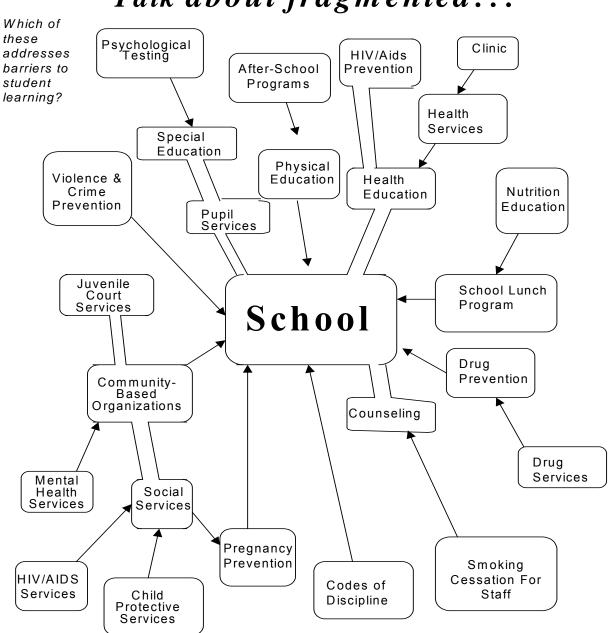
What do schools currently do to

(1) address barriers to learning and teaching

and

(2) re-engage students in classroom instruction?

So, how are districts/schools addressing barriers to learning & teaching?



What we see around the country

Talk about fragmented!!!

Adapted from: *Health is Academic: A guide to Coordinated School Health Programs* (1998). Edited by E. Marx & S.F. Wooley with D. Northrop. New York: Teachers College Press.

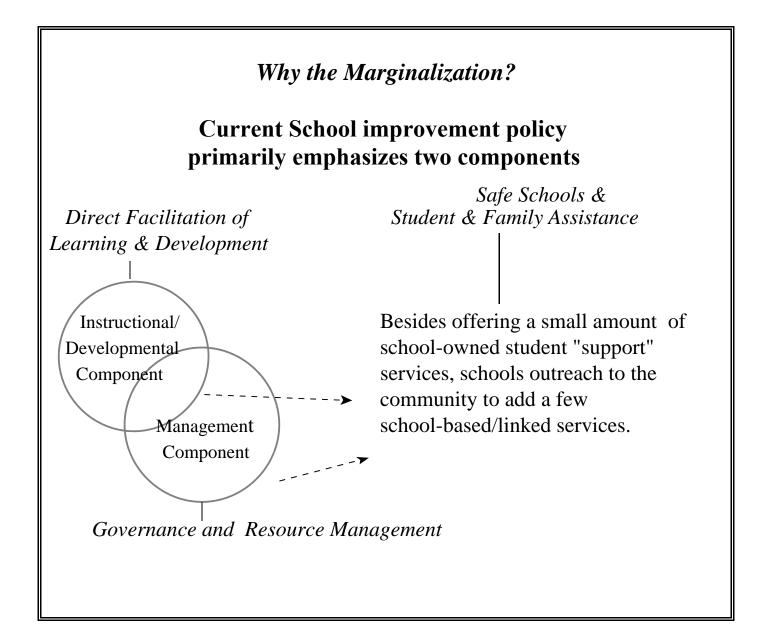
Fragmented policy _____ Fragmented practices

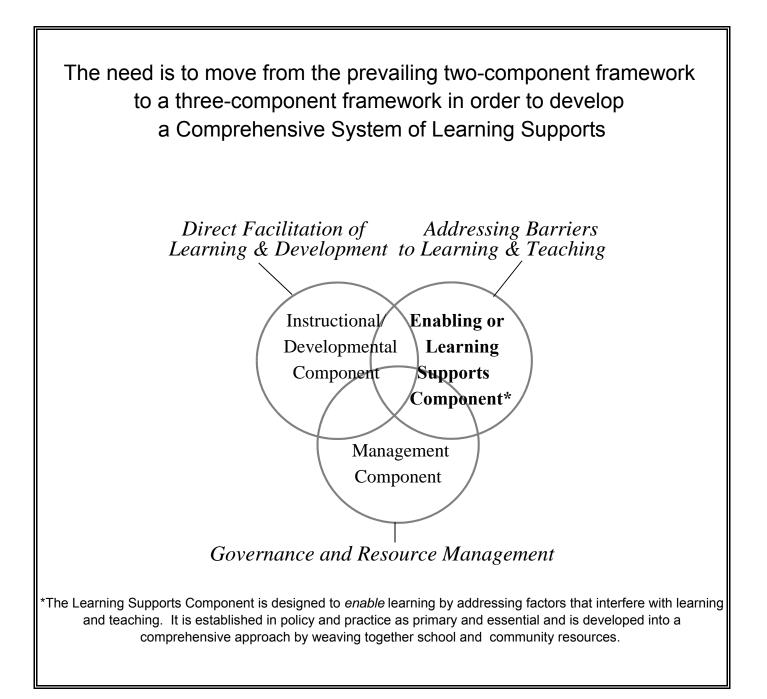
Why the fragmentation?

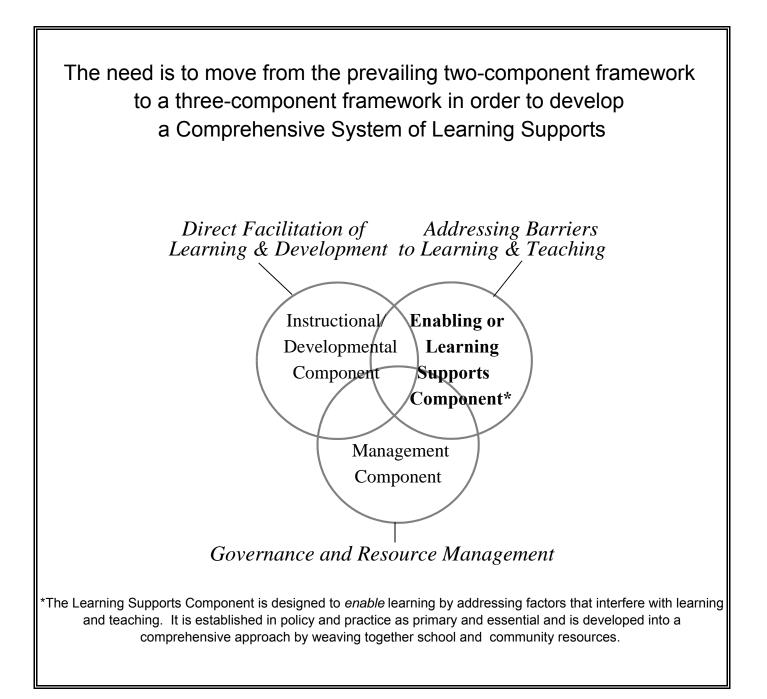
Current situation at all levels in the educational system with respect to student/learning supports is that efforts are

Marginalized in school improvement policy & practice.

- *Fragmentation* is one result and isn't solved by focusing solely on improving coordination
- Poor Cost-Effectiveness is another result (up to 25% of a school budget used in too limited and often redundant ways)
- So s Counterproductive Competition for Sparse Resources (among school support staff and with community-based professionals who link with schools)







What's the

community doing?

AGENCY REFORM Restructuring and Reforming *Community* Health and Human Services

The intent of current agency reform policy – >end fragmentation >enhance access to clientele

The focus – >interagency collaboration >school-linked services, sometimes based (co-located) at a school

Problems – >doesn't integrate with school's efforts to address barriers to learning >limits the focus to current agency work

As a result, current agency policy produces – >an additional form of fragmentation >counterproductive competition >greater marginalization

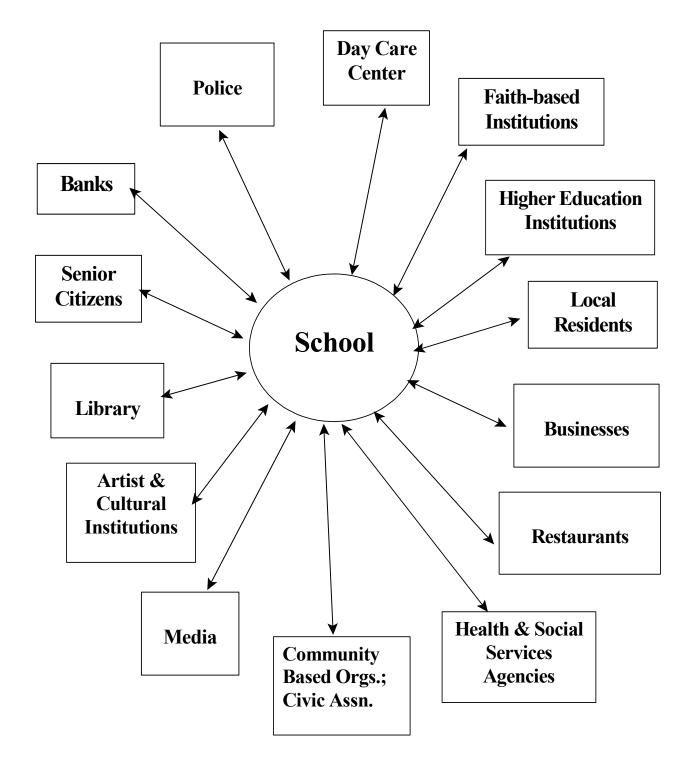
It is important to remember that

Community Agency Reform is not the same thing as Strengthening Communities

- The major intent of agency reform is to restructure services to *reduce fragmentation*.
- The emphasis is mainly on *interagency collaboration*.
- Schools have been included since they offer better access to agency clients. Thus, the concept of *school linked services*, and the idea of community agencies *co-locating* services on a school site.

Because the focus is on *services*, little attention is paid to

- » integrating community resources with existing school programs and services designed to address barriers to learning;
 - *» including a full range of community resources;*
 - » strengthening families and neighborhoods by improving economic status and enhancing other fundamental supports.



Excerpted from: J. Kretzmann & J. McKnight (1993). Building Communities from the Inside out: A Path Toward Finding and Mobilizing a Community's Assets. Chicago: ACTA Publications.

To Recap:

- School improvement policy and planning have not addressed barriers to development, learning, and teaching as a primary and essential component of what must be done if schools are to minimize behavior problems, close the achievement gap, and reduce the rate of dropouts
- As a result, current efforts are marginalized, fragmented, often redundant and off track, and they have resulted in counterproductive competition for sparse resources
- The need is for a comprehensive system of learning supports that (1) addresses barriers to development, learning, and teaching &
 - (2) (re-)engages students in classroom learning

Some key questions we hope you are thinking about at this point:

What are the many external and internal barriers interfering with your students learning and your teachers teaching and how does all this affect your schools?

What is currently being done in your schools to address barriers to learning and teaching and what is keeping the work from being as effective as needed?

How could you change school improvement planning to ensure a comprehensive system of learning supports is developed to more effectively address barriers to development, learning, and teaching *and* also (re-)engage students in classroom learning?

Some Relevant References & Resources

>School Improvement Planning: What's Missing? http://smhp.psych.ucla.edu/whatsmissing.htm

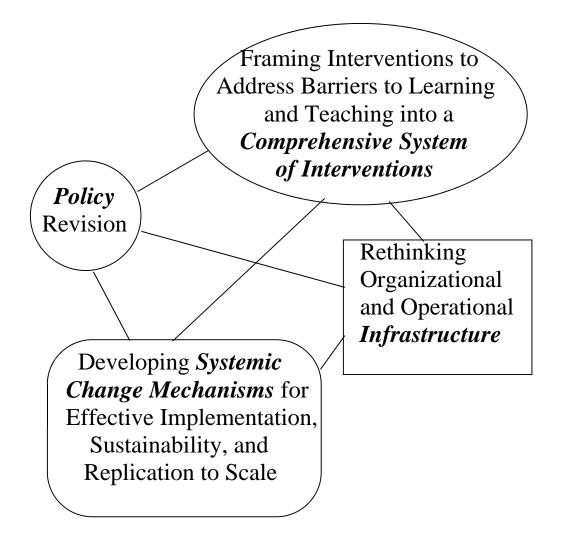
>Addressing What's Missing in School Improvement Planning http://smhp.psych.ucla.edu/pdfdocs/enabling/standards.pdf

>The School Leader's Guide to Student Learning Supports: New Directions for Addressing Barriers to Learning http://www.corwinpress.com/booksProdDesc.nav?prodId=Book226872& Next:

We turn to four fundamental, interrelated concerns involved in moving forward to develop

A Comprehensive System of Learning Supports Toward developing, implementing, & sustaining a unified and comprehensive component

Four Fundamental and Interrelated Concerns



Additionally, because of the overemphasis on using extrinsic reinforcers in all aspects of efforts to improve schools, we find it essential to re-introduce a focus on *intrinsic motivation*.

We will start our discussion of these fundamental concerns by clarifying a way to *frame interventions* as a *omprehensive system of interventions* for addressing barriers to learning and teaching and re-engaging disconnected students.



Leadership Institute

Addressing Barriers to Learning & Teaching and Re-engaging Disconnected Students

II. What is a System of Learning Supports? *Rethinking Intervention*

>A Sequential Approach

>Defining Learning Supports

>Framing a Comprehensive System of Learning Supports

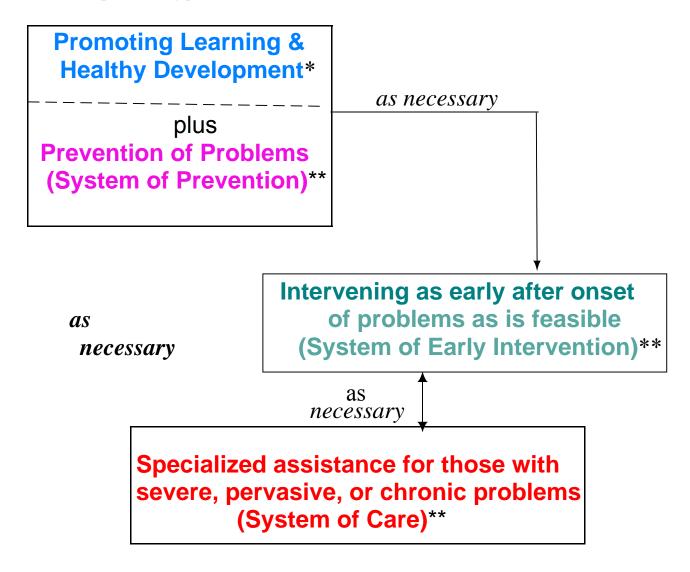
>Major Examples of Intervention Activity in Content Arenas

>Framework Combining Continuum and Content

An Integrated Sequence of Interventions

Meeting the needs of all students requires promotion of assets, prevention of problems, & addressing problems in keeping with the principle of least intervention needed.

As illustrated below, this translates into a sequential approach that at its foundation involves enhancing the focus on promoting healthy development and preventing problems.



*Interventions to directly facilitate development and learning.

**Interventions that combine to establish a full continuum for addressing barriers to learning and development.

Defining a System of Learning Support for Policy Purposes

Learning supports are the resources, strategies, and practices that provide physical, social, emotional, and intellectual supports to enable all pupils to have an equal opportunity for success at school by directly addressing barriers to learning and teaching and re-engaging disconnected students.

A comprehensive, multifaceted, and cohesive learning support system provides supportive interventions in classrooms and schoolwide and is fully integrated with efforts to improve instruction and management at a school.

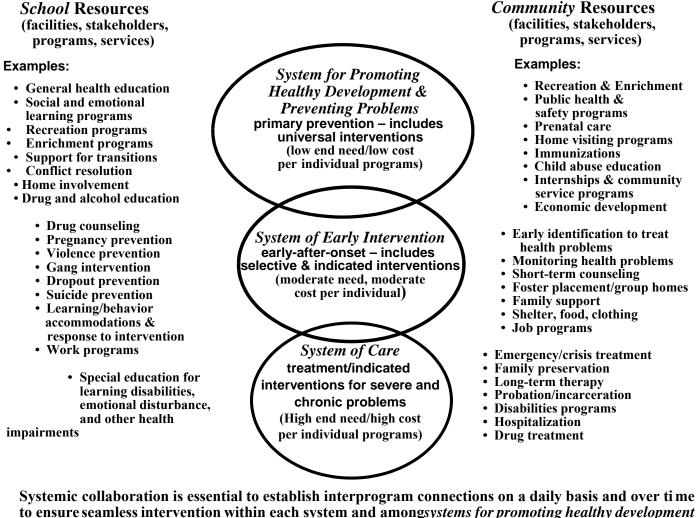
Framing a Comprehensive System of Learning Supports to Address Barriers to Learning

Intervention Continuum & Content

Levels of Intervention:*

Connected Systems for Meeting the Needs of All Students

One Key Facet of a Learning Supports Component

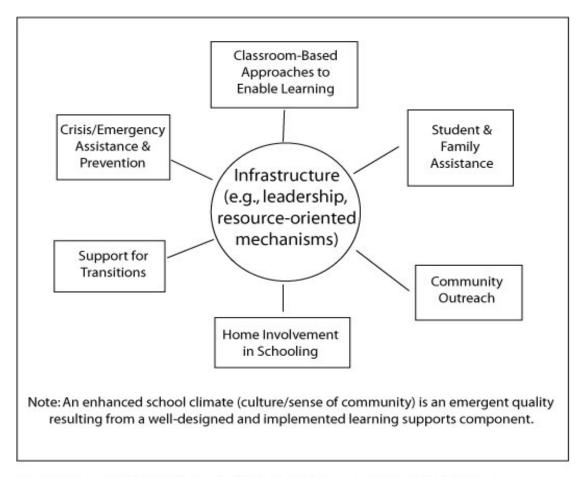


and preventing problems, systems of early intervention, and systems of care.

- Such collaboration involves horizontal and vertical restructuring of programs and services (a) within jurisdictions, school districts, and community agencies (e.g., among departments, divisions, units, schools, clusters of schools)
 - (b) between jurisdictions, school and community agencies, public and private sectors; among schools; among community agencies

^{*}Various venues, concepts, and initiatives permeate this continuum of intervention systems. For example, venues such as day care and preschools, concepts such as social and emotional learning and development, and initiatives such as positive behavior support, response to intervention, and coordinated school health. Also, a considerable variety of staff are involved. Finally, note that this illustration of an essential continuum of intervention systems differs in significant ways from the three tier pyramid that is widely referred to in discussing universal, selective, and indicated interventions.

Categories of Basic Content Arenas for Learning Supports Intervention



Adapted from Adelman, H.S. & Taylor, L. (1994). On understanding intervention in psychology and education. Westport, CT: Praeger.

Note: *All categorical programs can be integrated into these six content arenas.* Examples of initiatives, programs, and services that can be unified into a system of learning supports include positive behavioral supports, programs for safe and drug free schools, programs for social and emotional development and learning, full service community schools and family resource and school based health centers, Safe Schools/Healthy Students projects, CDC's Coordinated School Health Program, bi-lingual, cultural, and other diversity programs, compensatory education programs, special education programs, mandates stemming from the No Child Left Behind Act, and many more. Major Examples of Activity in Each of the Six Basic Content Arenas

Classroom-Focused Enabling & Re-engaging Students in Classroom Learning

*Classroom based efforts to enable learning

- >>Prevent problems; intervene as soon as problems are noted
- >>Enhance intrinsic motivation for learning
- >>Re-engage students who have become disengaged from classroom learning

C Opening the classroom door to bring available supports in

- **T** Peer tutors, volunteers, aids (trained to work with students-in-need)
- **T** Resource teachers and student support staff

CRedesigning classroom approaches to enhance teacher capability to prevent and handle problems and reduce need for out of class referrals

- **T** Personalized instruction; special assistance as necessary
- **T** Developing small group and independent learning options
- **T** Reducing negative interactions and over-reliance on social control
- **T** Expanding the range of curricular and instructional options and choices
- **T** Systematic use of prereferral interventions

CEnhancing and personalizing professional development

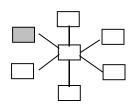
- **T** Creating a Learning Community for teachers
- **T** Ensuring opportunities to learn through co-teaching, team teaching, mentoring
- **T** Teaching intrinsic motivation concepts and their application to schooling

CCurricular enrichment and adjunct programs

- Varied enrichment activities that are not fied to reinforcement schedules
- **T** Visiting scholars from the community

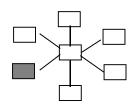
CClassroom and school-wide approaches used to create and maintain a caring and supportive climate

■ Emphasis is on enhancing feelings of competence, self-determination, and relatedness to others at school and reducing threats to such feelings



Crisis Assistance and Prevention

- *School-wide and classroom-based efforts for >>responding to crises >>minimizing the impact of crises >>preventing crises
- *C* Ensuring immediate assistance in emergencies so students can resume learning
- C Providing Follow up care as necessaryT Brief and longer-term monitoring
- *C* Forming a school-focused Crisis Team to formulate a response plan and take leadership for developing prevention programs
- *C* Mobilizing staff, students, and families to anticipate response plans and recovery efforts
- C Creating a caring and safe learning environment
 T Developing systems to promote healthy development and prevent problems
 T Bullying and harassment abatement programs
- *C* Working with neighborhood schools and community to integrate planning for response and prevention
- *C* Staff/stakeholder development focusing on the role and responsibility of all in promoting a caring and safe environment



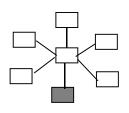
Support for Transitions

*School-wide and classroom-based efforts to

- >>enhance acceptance and successful transitions
- >>prevent transition problems
- >>use transition periods to reduce alienation
- >>use transition periods to increase positive attitudes/motivation toward school and learning
- C Welcoming & social support programs for newcomers
 - **T** Welcoming signs, materials, and initial receptions
 - **T** Peer buddy programs for students, families, staff, volunteers

C Daily transition programs for

- **T** Before school, breaks, lunch, afterschool
- C Articulation programs
 - **T** Grade to grade (new classrooms, new teachers)
 - T Elementary to Middle School; Middle to High School
 - **T** In and out of special education programs
- C Summer or intersession programs
 - **T** Catch-up, recreation, and enrichment programs
- C School-to-career/higher education **T** Counseling, pathway, and mentor programs
- *C* Broad involvement of stakeholders in planning for transitions
 - **T** Students, staff, home, police, faith groups, recreation, business, higher educ.
- *C* Staff/stakeholder development for planning transition programs/activities



Home Involvement in Schooling

*School-wide & classroom-based efforts to engage the home in >>strengthening the home situation >>enhancing problem solving capabilities >>supporting student development and learning >>strengthening school and community

C Addressing specific support and learning needs of family

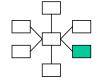
- **T** Support services for those in the home to assist in addressing basic survival needs and obligations to the children
- Adult education classes to enhance literacy, job skills, English-as-a-second language, citizenship preparation

C Improving mechanisms for communication and connecting school and home

- Opportunities at school for family networking and mutual support, learning, recreation, enrichment, and for family members to receive special assistance and to volunteer to help
- T Phone calls from teacher and other staff with good news
- **T** Frequent and balanced conferences (student-led when feasible)
- **T** Outreach to attract hard-to-reach families (including student dropouts)
- *C* Involving homes in student decision making**T** Families prepared for involvement in program planning and problem-solving
- C Enhancing home support for learning and development **T** Family Literacy, Family Homework Projects, Family Field Trips
- *C* Recruiting families to strengthen school and community
 T Volunteers to welcome and support new families and help in various capacities

TFamilies prepared for involvement in school governance

C Staff/stakeholder development to broaden awareness of and plan programs to enhance opportunities for home involvement



Community Outreach for Involvement and Support (including Volunteers)

*Building linkages and collaborations to strengthen students, schools, families, and neighborhoods

C Planning and Implementing Outreach to Recruit a Wide Range of Community Resources

- ✓ Community resources such as public and private agencies; colleges and universities; local residents; artists and cultural institutions, businesses and professional orgs.; service, volunteer, and faith-based organizations
- Community policy and decision makers

C Systems to Recruit, Screen, Prepare, and Maintain Community Resource Involvement

- \checkmark mechanisms to orient and welcome
- ✓ mechanisms to enhance the volunteer pool,
- \checkmark mechanisms to maintain current involvements; enhance sense of comm.

CReaching out to Students and Families Who Don't Come to School Regularly – Including Truants and Dropouts

C Connecting School and Community Efforts to Promote Child and Youth Development and a Sense of Community

C Capacity Building to Enhance Community Involvement & Support

- ✓ policies/mechanisms to enhance & sustain school-community involvement
- \checkmark staff/stakeholder development on the value of community involvement
- ✓ "social marketing"

Student and Family Assistance

*Specialized assistance provided through personalized health and social service programs

C Providing support as soon as a need is recognized and doing so in the least disruptive ways

- **T** Prereferral interventions in classrooms
- **T** Problem solving conferences with parents
- **T** Open access to school, district, and community support programs
- C Referral interventions for students & families with problems
 T Screening, referrals, and follow-up school-based, school-linked
- *C* Enhancing access to direct interventions for health, mental health, and economic assistance

▼ School-based, school-linked, and community-based programs

- *C* Follow-up assessment to check whether referrals and services are adequate and effective
- *C* Mechanisms for resource coordination to avoid duplication of and fill gaps in services and enhance effectiveness

T School-based and linked, feeder family of schools, community-based programs

- $\ensuremath{\mathcal{C}}$ Enhancing stakeholder awareness of programs and services
- *C* Involving community providers to fill gaps and augment school resources
- *C* Staff/stakeholder development to enhance effectiveness of student and family assistance systems, programs, and services

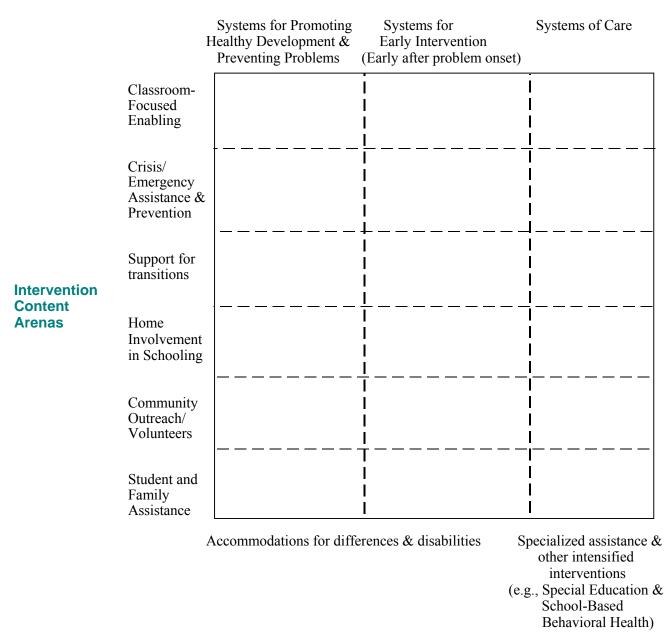
For more specific examples and mapping and analysis self study surveys for each arena, see the Center's online resource aid:

Guide to resource mapping and management to address barriers to learning: An intervention for systemic change

http://smhp.psych.ucla.edu/pdfdocs/resourcemapping/resourcemappingandmanagement.pdf

Combined Continuum and Content Arenas Provides the Framework for a Comprehensive System of Learning Supports (an Enabling Component*

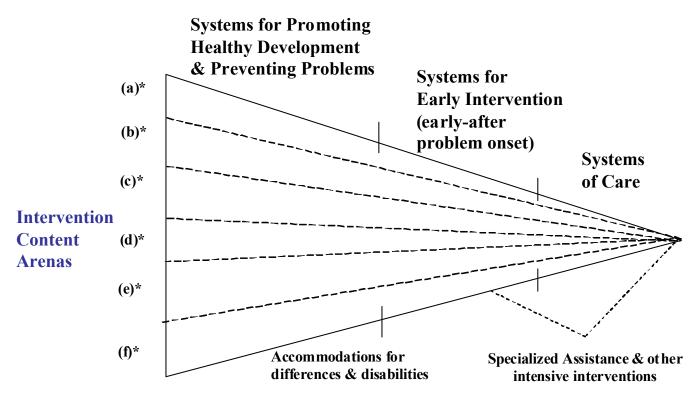
Levels of Intervention



*Note: Various venues, concepts, and initiatives will fit into several cells of the matrix. Examples include venues such as day care centers, preschools, fam ily centers, and school-based health centers, concepts such as social and emotional learning and development, and initiatives such as positive behavior support, response to interventions, and the coordinated school health program. Most of the work of the considerable variet of personnel who provide student supports also fits into one or more cells.

System of Learning Supports is Designed to Produce a Declining Proportion of Students Needing Special Assistance





- (a) = Classroom-focused enabling
- (b) = Support for transitions
- (c) = Home involvement in schooling
- (d) = Community outreach/volunteers
- (e) = Crisis/ emergency assistance and prevention
- (f) = Student and family assistance

The framework is intended to guide development of a *comprehensive system of learning supports* in ways that make it a primary and essential component of school improvement.

Such an enabling component is meant to:

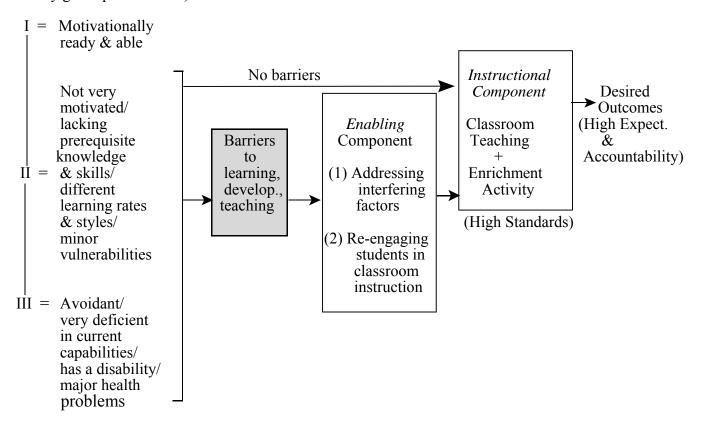
(1) address interfering factors

and

(2) re- engage students in classroom instruction

An Enabling Component to Address Barriers and Re-engage Students in Classroom Instruction*

Range of Learners (categorized in terms of their response to academic instruction at any given point in time)



*In some places, an Enabling Component is called a Learning Supports Component. Whatever it is called, the component is to be developed as a comprehensive system of learning supports at he school site.

To Recap:

- School improvement planning for developing a comprehensive system of learning supports to address barriers to learning and teaching requires:
 - (1) adoption of a umbrella framework that can unify current efforts
 - (2) expansion of the framework for school accountability to account for efforts to enhance social and personal functioning and address barriers to learning and teaching
- A comprehensive framework to guide development of an enabling/learning supports component combines a continuum of intervention with a discrete set of content arenas. The resulting matrix provides a mapping tool and a planning guide for developing a comprehensive set of learning supports.

Some key questions we hope you are thinking about at this point:

- > Given the intervention framework outlined, what else needs to be added to your current school improvement planning to ensure development of a comprehensive system for addressing barriers to learning & teaching and re-engaging disconnected students?
- > Why don't most schools strive to develop a comprehensive system of learning supports and how can that situation be changed?

A	<i>ctivity</i>

Looking at the schools you know -

How close are they to having a comprehensive system of learning supports?

To answer this, see the tool for mapping & analyzing Learning Supports –

Online at http://smhp.psych.ucla.edu/summit2002/ tool%20mapping%20current%20status.pdf

Some Relevant References & Resources

< Frameworks for Systemic Transformation of Student and Learning Supports

http://smhp.psych.ucla.edu/pdfdocs/systemic/frameworksforsystemictransformation.pdf

< The School Leader's Guide to Student Learning Supports: New Directions for Addressing Barriers to Learning –

http://www.corwinpress.com/booksProdDesc.nav?prodId=Book226872&

Next:

An overview of

operational infrastructure considerations